


1. Prepare to Use Mask		
		
<p>Fully open top and bottom panels Bend foam-padded nosepiece in the middle</p>		
2. Place Mask on Face		
		
Place mask on face with foam over nose and bottom panel under chin	Pull top strap over head and place high on back of head	Pull bottom strap over head and place below ears
3. Adjust the Metal Nosepiece		4. Check Mask-to-Face Seal
		
Using both hands, press on nosepiece to secure mask		Place one hand over mask. Breathe in and out. Adjust nosepiece, straps or bottom of mask if there is an air leak.