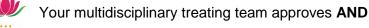


## **Day Leave during COVID Peak**

## Can I go on day leave?

You may go on day leave provided:



You do not have any COVID-19 risk factors including:



You are not suspected or confirmed to have COVID-19



You and the family and friends you will be visiting do not have any COVID-19

symptoms and are not awaiting COVID-19 test results

## What can you and your family do to keep COVID-19 safe on day leave?



Celebrate outdoors, or if indoors keep windows and doors open for better fresh air ventilation



Minimise the number of people at your gathering



Limit shared food and arrange for one person to serve food



Clean high touch surfaces, such as the table top, light switches and door handles. with disinfectant



Wash your hands with soap and water or hand sanitiser before you eat and drink



When travelling in a car, open car windows to improve ventilation and wear a mask



Avoid touching your face, nose, eyes and mouth



Wearing a face mask is recommended, when you cannot physically distance from others

To keep everyone at Western Health safe, patients will need to participate in an asymptomatic COVID testing regimen on return from day leave

Enjoy your day and please contact your medical team or the Nurse in Charge if you

have any questions or any concerns while on day leave