# WHAT TO EXPECT AFTER YOUR
## COVID-19 VACCINATION

COVID-19 vaccination will help protect you from COVID-19. You may have some side effects, which are normal signs that your body is building protection. Side effects are more common after the second dose. These side effects **may feel like flu** and **may affect your ability** to do daily activities, but should go away in a few days.

### COMMON SIDE EFFECTS

- At the injection site: pain, swelling.
- Through the body: fever, chills, tiredness, headache, muscle aches.

### HELPFUL TIPS

You may wish to speak to your healthcare provider or pharmacist about taking an over-the-counter medicine such as paracetamol or ibuprofen.

- Pain at the injection site: apply a cool compress, use or exercise arm.
- Discomfort from fever: drink plenty of water/fluids, dress lightly.

### WHEN TO SEEK MEDICAL ATTENTION

In most cases, discomfort from fever or pain is normal. You should contact your doctor or healthcare provider:

- If redness or tenderness at the injection site increases after 24 hours.
- If your side effects are worrying or are not resolving after a few days.

You will need two doses of the COVID-19 vaccine in order for it to work. Get the second dose even if you have side effects after the first one unless a vaccine provider or a doctor advises you not to have a second dose.

## COVID-19
## VACCINATION
## HUB