



DUCKBILL N95/P2 MASK

PPE
RIGHT WAY
EVERY TIME

As per Western Health requirements always wear appropriate eye protection;

- Full face shield (preferred)
- Safety goggles

STEPS FOR DONNING (PUTTING ON) YOUR MASK



1 Perform hand hygiene.



2 Separate the edges of the mask to fully open it.



3 Bend the nose wire to form a gentle curve. The nose wire represents the top of the mask.



4 Hold the mask upside down to expose the two headbands.



5 Using your index fingers and thumbs, separate the two headbands.



6 While holding the headbands, cup the mask under your chin.



7 Pull headbands up and over your head.



8 Place and position the lower headband at the base of your neck (under your ears).



9 Place the upper headband on the crown of your head, the band should run just above the top of your ears.



10 Place fingertips from both hands at the top of the nosepiece. Using two hands, mold the nose area to the shape of your nose and across your cheek bones by pushing inward while moving your fingertips down both sides of the nosepiece.



11 Continue to adjust the mask and edges until you feel you have achieved a good and comfortable facial fit.

Once you have achieved a good and comfortable facial fit, don any spectacles or eye protection and then repeat this process. Applying eyewear can sometimes move the mask.

If not sealed properly you may note:

- Air movement along the seal of the respirator.
- Glasses fogging.
- Lack of pressure inside the mask.
- You may not feel expansion of the mask.

STEPS FOR DOFFING (TAKING OFF) YOUR MASK

THE FRONT OF THE MASK IS CONTAMINATED. **DO NOT TOUCH!**



1 Perform hand hygiene.



2 Grasp the bottom elastic band of the mask, and gently pull over the top of the head.



3 Grasp the top elastic band of the mask, and gently pull over the top of the head.



4 Lean forward slightly and remove the mask from the face by gently handling the straps and avoiding contact with the front of the mask.



5 Dispose of the mask into a clinical waste bin.



6 Perform hand hygiene.

FIT CHECK

ALWAYS CARRY OUT A FIT CHECK EVERY TIME YOU USE A N95/P2 MASK

- There are a range of P2/N95 masks available.
- Brands of P2/ N95 masks vary slightly, always refer to manufacturer's instructions.
- Dimensions and features may result in a different fit and feel.

FIT CHECKING A DUCKBILL P2/N95 MASK



1. Gently inhale, when you breathe in the mask should draw in slightly toward the face and collapse.
2. Gently exhale, the mask should fill up with air, it is important at this stage that there is NO air leakage around the edges of the mask - use your hands to feel any air leaking.

If you have not achieved a successful fit as instructed above it is important that you seek advice or have someone assist you with fitting and checking you mask, as an incorrectly fitted mask will not provide you with the intended level of protection from airborne infectious diseases.

For further information

[CORONAVIRUS.WA.GOV.AU/PPE](https://www.coronavirus.wa.gov.au/ppe)



Western Health