



Elevated blood alcohol with no other metabolic derangement or traumatic injury and absence of respiratory or cardiovascular compromise

EXCLUSION CRITERIA

ABSOLUTE	RELATIVE
<ul style="list-style-type: none"> • High suspicion of traumatic injury or metabolic derangement • Agitation/Confusion or other behavioural risk • Alcoholic psychosis • Wernicke's encephalopathy • Medium or high risk suicidality • Presence of other co-ingestions that require admission • Respiratory compromise and lack of protected airway 	<ul style="list-style-type: none"> • Withdrawal symptoms – severe cases should be referred to medical unit

KEY CONSIDERATIONS DURING SSU ADMISSION

- Re-establish hydration
 - Antiemetic – Metoclopramide 10 mg QID oral or IV/Ondansetron 4-8 mg TDS or IV prn
 - Oral and IV fluids
- Thiamine – IV 300mg TDS
- Complete Alcohol Withdrawal Scale during admission – ensure that appropriate benzodiazepines are charted as per AWS protocol
- Traumatic injury screen
- Seek and treat nutritional deficits and metabolic imbalances – UEC/CPM/LFT/Lipase/BSL
- Seek and treat other toxidromes or co-ingestions
- Suicidality assessment – when patient competent to participate, use SADPERSONS prompt
- Repeated reassessments to check on conscious state and look for focal neurology
- Drug and Alcohol service referral offered to patient (ED D&A Clinician referral during hours)
- Social issues addressed e.g. personal hygiene, housing, driving, employment

REFERRAL CRITERIA

DISCHARGE CRITERIA

<ul style="list-style-type: none"> • Continuing altered conscious state • Identification of acute pathology requiring admission e.g. intracranial injury, trauma, focal neurology, alcoholic hepatitis • Alcohol related pathology e.g. D&V, immobility • Suicidality risk 	<ul style="list-style-type: none"> • Baseline function, mentation and mobility • Absence or control of withdrawal symptoms
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DISCHARGE REQUIREMENTS

- Ongoing prescription - Thiamine 100 mg orally daily
- D&A information sheet
- Transport home – can be provided with daily public transport ticket as required