



### Non-specific abdominal pain for current or pending Investigation and/or Observation with none of the absolute exclusion criteria identified

#### EXCLUSION CRITERIA

ABSOLUTE	RELATIVE
<ul style="list-style-type: none"> <li>• Acute surgical or gynaecological pathology identified e.g.                             <ul style="list-style-type: none"> <li>○ Peritonism</li> <li>○ Grossly abnormal WCC / CRP / LFT/lipase</li> <li>○ Ovarian torsion</li> <li>○ Ectopic pregnancy</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Pregnancy with no haemodynamic compromise – may use admission to expedite surgical and gynaecological review</li> <li>• Age &gt;70 years</li> </ul>

#### KEY CONSIDERATIONS DURING SSU ADMISSION

- Observe for recurrent or evolving symptoms
- Repeat abdominal examination looking for interval changes
- Pre-menopausal females must have urinary BHCG
- Low threshold for imaging e.g. CT abdo/pelvis or abdominal USS and referral for admission, especially if:
  - Increasing age
  - Ongoing or increasing analgesic requirement
- Analgesia + antiemetic
  - Paracetamol 1g QID po prn / Ibuprofen 400mg TDS po prn
  - Oxycodone 5mg Q3H po prn
  - Ondansetron 4-8mg po/IV TDS prn / Metoclopramide 10-20mg po/IV TDS prn

REFERRAL CRITERIA (Gen Surg or Gynaecology)	DISCHARGE CRITERIA
<ul style="list-style-type: none"> <li>• Ongoing abnormal or worsening vital signs</li> <li>• Pathology identified on imaging or lab results requiring admission</li> <li>• Increasing analgesic requirement</li> <li>• Deteriorating abdominal examination</li> </ul>	<ul style="list-style-type: none"> <li>• Normal vital signs</li> <li>• No acute pathology identified on imaging and normal lab investigations</li> <li>• Tolerating oral intake</li> <li>• Adequate social support</li> </ul>

#### DISCHARGE REQUIREMENTS

- Patient education e.g. analgesia usage, bowel habit management
- Follow up plan - LMO for review within the week and ongoing investigations as indicated e.g. colonoscopy
- Re-attendance advice + information sheet
- Medical certificate
- Prescription for discharge medications as indicated