

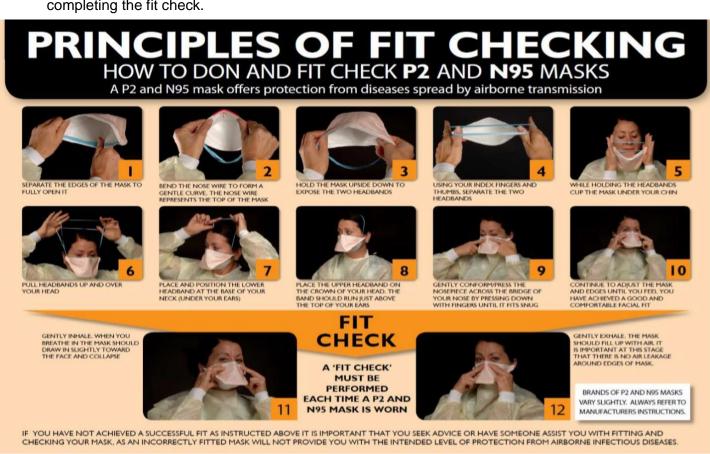
3. Preventing and Controlling Healthcare-Associated Infection

P2/N95 Respirator Mask - Principles of Fit Checking QRG

A fit check is required to be done each time a P2/N95 respirator mask is applied. No clinical activity should be undertaken until a satisfactory fit has been achieved. This is the individual's OH&S responsibility to mitigate infectious risk to self.

Fit Check:

- 1. Gently inhale. When you breathe in, the mask should draw in slightly towards the face and collapse.
- 2. Gently exhale. The mask should fill up with air. It is important at this stage that there is NO air leakage around the edges of the mask use your hands to feel any air leaking.
 - Facial hair (including a one- or two-day beard growth) will impair the ability to create an adequate seal.
 Males with facial hair should clean shave or not provide care to patients requiring P2/N95 masks due to the high risk of these infectious pathogens. If unable to shave they may need to be reassigned care.
 - It is important that the wearer can create a tight seal with will protect them from risk of exposure or infection.
 - There must not be any air leakage around the edges of the mask when worn.
 - P2/N95 respirator masks are available in several different designs with only one shown here in the donning of the respirator mask.
 - The 10 steps below will guide the user in the correct application for donning the respirator mask before completing the fit check.



If you have not achieved a successful seal as instructed above, it is important that you seek advice or have someone assist you with fitting and checking your mask. An incorrectly fitted mask will not provide you with the intended level of protection from airborne infectious diseases.